



# N.K.BAGRODIA PUBLIC SCHOOL

## SECTOR-IV, DWARKA, NEW DELHI

**NOVEMBER  
2020**

*"There's not a day in all the year,  
But holds some hidden pleasure*

*And looking back, joys oft appear  
To brim the past wide measure.*

*But blessings are like friends, I hold,  
Who love and labor near us.*

*We ought to raise our notes of praise  
While living hearts can hear us."- Ella Wilcox*

**E**ach one of us learns new lessons everyday in life's journey. Our past should just be a learning tool and not a roadblock towards success. It is often said that life is just like a bicycle; in order to move smooth, maintain balance but keep moving. People change, surroundings differ, dynamics modify and transformations occur but the prerequisite for moving on is eternal i.e. to accept the alterations and adapt to it.

It has been almost a year since the students and teachers locked themselves in their houses to prevent the spread of the pandemic and not to forget the new normal where the virtual reality has become mainstream. Be it celebrations of festivals or be it taking examinations, the students have been performing everything online and are getting accustomed to the same. The celebrations are one thing that brought us closer to each other this year. Celebration of festivals brought a feeling of cohesion and joy in these adverse times irrespective of the varying cultures and beliefs.

'Thanksgiving' is yet another way of showing gratitude to our family members, friends and people close to us. The students and parents were acquainted with such beautiful times and were thankful to the school and management to help them overcome anxieties during pandemic. Not only this, several spiritual sessions were organized where spiritual leaders helped to lend moral and rational support to the students. They were encouraged to learn to use their inner strength to fight against troubled times and retain mental peace.

Learning in collaboration is yet another milestone achieved by the school during COVID times. The school organized various Inter-School events and also became a part of many events so as to keep the students active and engaged. The teachers are leaving no stone unturned to ensure that no student lags behind and all students gets a fair chance to exhibit the talent possessed by them. The parents and teachers are two sides of the same coin who are working together yet apart to keep the children sane and sound.

It is strongly believed by us and it's the adage we pass on to our Bagrodians -*"I am strengthened by my weaknesses. I am brave because of my fears. I am greater because of my mistakes and I am moving on because I will to."*

Pre Primary children of NKBPS have been proving this quote right by learning new things everyday.

Blend words with "th" sound were introduced in the online class and our children revised the same by collecting things with phono 'th'. They seemed happy to share their beautiful pictures with us.

## NEVER STOP LEARNING NEW THINGS



# PLANTING FRUITS TO NURTURE

A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches trust."\*

Introduction of Topic: Types of plants

Pre primary children of NKBPS presented the types of plants in their house and identified trees, herbs, shrubs, climbers and creepers.



Ashok tree

Iwan  
PP-E



climber



herb

## FIRST WEALTH : HUMAN HEALTH



"Your health is your bank account. Good food choices are good investments."-Students of Pre school prepared Nutritional Salad by using various fresh food items with the help of their parents. The students enjoyed the session virtually. The activity was well enjoyed by the students as creative and innovative aspects were taken into consideration. The students showcased their skills with the proper display of their creation.





# अक्षरश्लोकप्रतियोगिता

वन्दे संस्कृतमातरम्

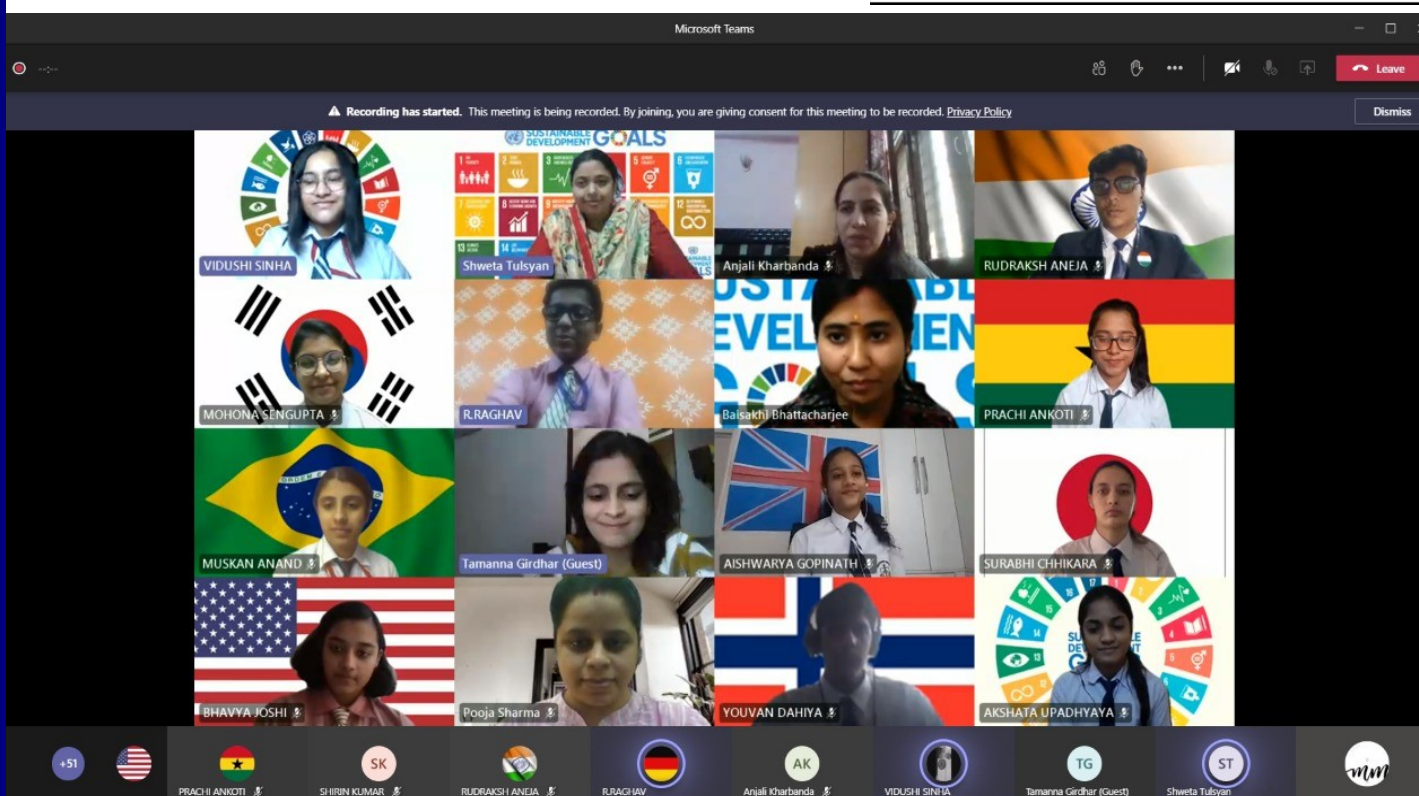
कार्तिक मास कृष्ण पक्ष द्वितीया\* तदनुसार  
दिनांक **02/11/2020** को एन.के.बागडोदिया  
विद्यालय द्वारा ऑनलाइन पटल पर  
अक्षरश्लोकप्रतियोगिता का आयोजन किया गया।

प्रतियोगिता का शुभारंभ गणपतिपंचरत्न के  
सुमधुर पद्यों द्वारा अनाहता ने किया। इस  
अन्तर्सदनीय प्रतिस्पर्धा में आर्यभट्ट, सिद्धार्थ,  
वाल्मीकि व विवेकानंद सदन से नवमी व दशमी  
के दो-दो छात्रों ने भाग लिया।  
छात्रों द्वारा श्लोकों की मधुर प्रस्तुति दी गई व  
प्रतियोगिता को सुंदर ढंग से समायोजित किया  
गया।

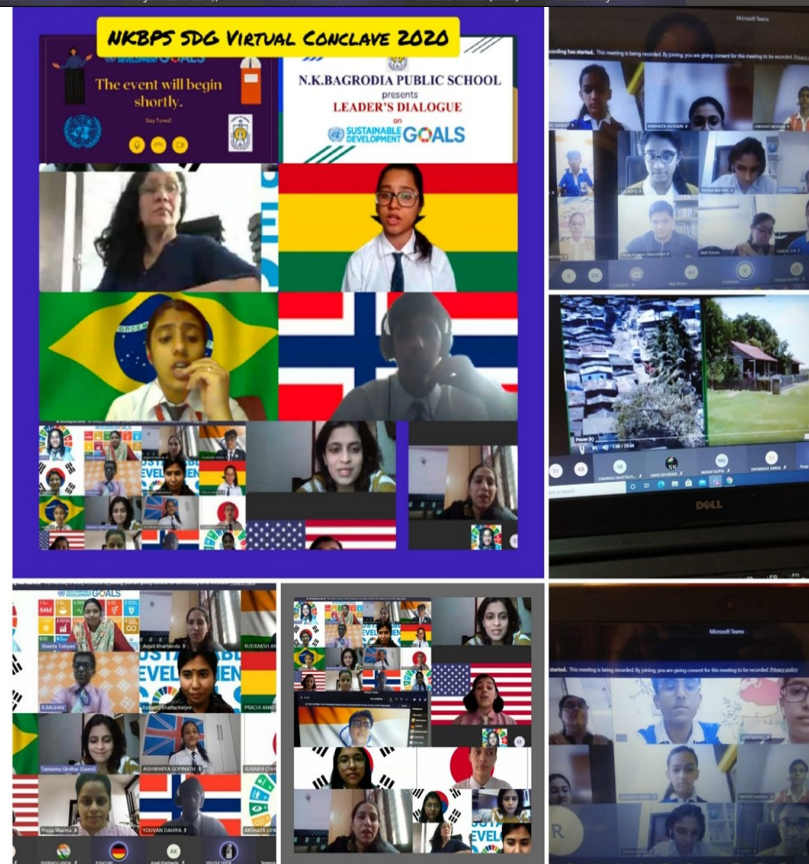
कार्यक्रम के अंत में प्रधानाचार्या श्रीमती डॉ. राजी  
एन. कुमार महोदया व उप प्रधानाचार्या श्रीमती  
अंजलि खरबंदा महोदया द्वारा छात्रों का  
उत्साहवर्धन व कोरोना काल में दिनचर्या पर  
ध्यान देने का मंत्र दिया गया। संस्कृत आचार्यों  
द्वारा श्लोकोच्चारण के संबंध में छात्रों का  
मार्गदर्शन किया गया। कार्यक्रम का संचालन  
नवमी वर्ग की पृषा व सुमित कुमार द्वारा किया  
गया। अंत में धन्यवाद ज्ञापन के साथ प्रतियोगिता  
की पूर्णाहुति की गई।



# NKBPS SDG VIRTUAL CONCLAVE 2020



**N**K Bagrodia Public School, sector-4, Dwarka successfully organized a virtual conclave on the topic 'Leaders dialogue on Sustainable Development Goals' on 7th November 2020. The participants included school students from classes 9th to 12th who enthusiastically represented themselves as delegates of various countries. The esteemed chief guest for the day was **Ms. Tamanna Girdhar**, the assistant programme manager at United Nations Global Compact Network in India. The event began with the Head Girl **Vidushi Sinha**'s introduction to Sustainable Development Goals followed by introduction of the panellist (chief guest) by **Akshata Upadhyaya**. This was followed by lighting of the lamp for an auspicious beginning. The panellist for the day, **Miss Tamanna Girdhar**, gave an elaborate speech addressing the sustainable development goals (SDGs) and Agenda 2030 adopted by the United Nations on its 75th anniversary. She highlighted the need for adoption of all these goals and the idea of five P's - people, planet, prosperity, peace, and partnerships. **Principal Dr Rajeev N. Kumar** delivered the welcome address and emphasised that the school is taking all the necessary steps to fulfil these goals even if they are a "drop in the ocean". This was followed by declaration of the opening of the dialogue by **Principal madam**. The Head Girl was the moderator for the dialogue. The students represented the countries of Sweden, France, Germany, Norway, United Kingdom, Japan, South Korea, United States of America, Brazil, Ghana, South Africa and India. Each student was given a time of three minutes to speak about how their representative country has contributed towards sustainable development goals. Quality living, partnership for goals, zero hunger, quality education, human security or some of the team's participants had in common. The event was abuzz with powerful oration and high energy.





# National Education Day

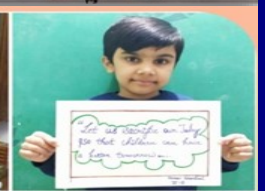
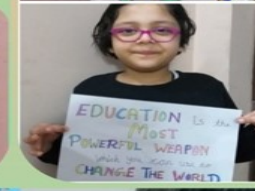
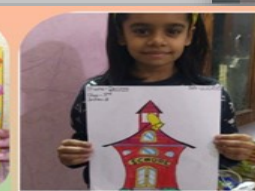
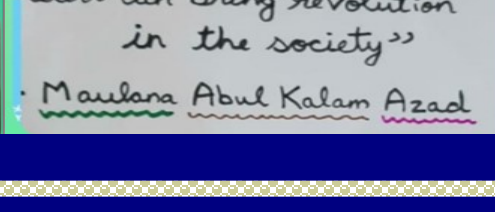
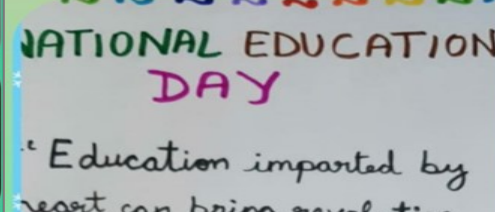
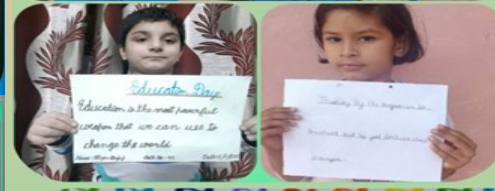
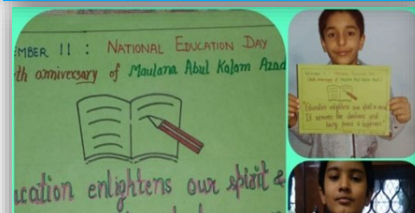
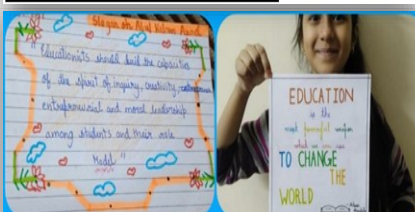
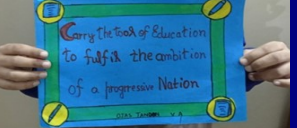
11<sup>th</sup> November '19

National Education Day - 11 November

**"Education is the most powerful weapon that you can use to change the world"**

**N**ational Education Day is an annual observance in India to commemorate the birth anniversary of Maulana Abul Kalam Azad, great freedom fighter, eminent educationist and the first Education Minister of Independent India. National Education Day of India is celebrated on 11<sup>th</sup> November every year. To celebrate National Education Day, 2020, the students of NKBPS, DWARKA took active and enthusiastic participation in Slogan Writing, spreading the awareness about the importance of education among people.

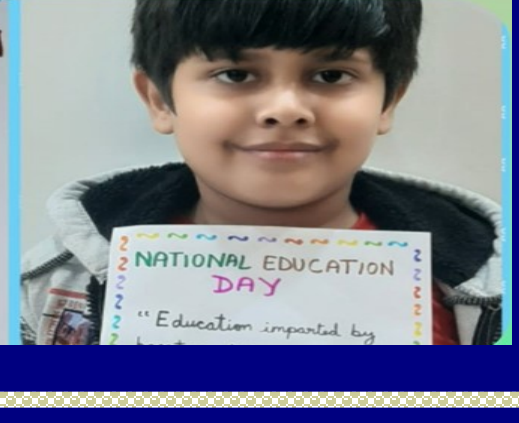
Ojas Class V-A



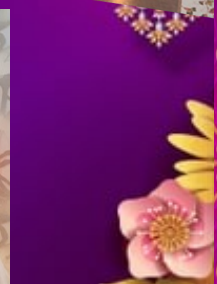
## NATIONAL EDUCATION DAY

"Education imparted by heart can bring revolution in the society"

Maulana Abul Kalam Azad







"Being green is more than just buying eco. It is an unshakable commitment to a healthy lifestyle"





**D**iwali, or Dīpawālī, the festival of lights is India's biggest and one of the important festivals of the year. The festival gets its name from the row (*avali*) of clay lamps (*deepa*) that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness. It's a five-day celebration that includes good food, fireworks, colored sand, and special candles and lamps. Diwali is also a time to gift something special for family and friends. Gifting crackers and sweets on Diwali has become old.

This Diwali, students of NKBPS, DWARKA decided to go green and gifted beautiful plants to their loved ones. Plants make a lovely Diwali gift and a token of love towards the nature and remembrance that will last in the memories of the receiver for a lifetime. Plants make a strong bond of affection, care and humanity amongst all.

Reflecting their creativity and artistic skills, students of various grades enthusiastically participated in making di-yas using dough, eco friendly rangoli with saw dust, rice, turmeric powder, flowers, pulses etc. They also made Diwali buntings and posters on SAY NO TO CRACKERS, spreading the message to celebrate pollution free Diwali. All the students showcased their talent with zest and zeal.





# HAPPY Children's Day



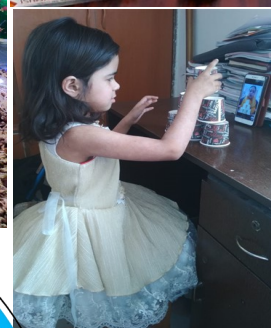
**E**

**very child is a different kind of flower and all together make this world a beautiful garden to love and cherish. Children are the ones who turn every frown into a smile with their innocence, they are the god-sent gifts to make people believe in contentment. Thus, our junior wing students celebrated Children's Day on 14th November 2020. The teachers firmly believe that childhood is all about joyfulness and freedom of being innocent and free. Keeping the same in mind, the students enjoyed the activities organised for them.**





# HAPPY Children's Day







## सतर्कता जागरूकता सप्ताह-2019 VIGILANCE AWARENESS WEEK-2019

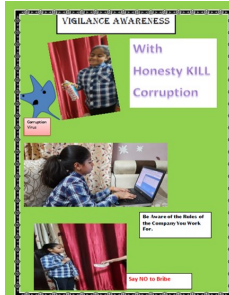
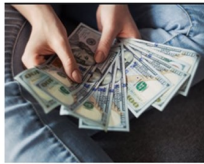
28 अक्टूबर से 02 नवम्बर 2019 28th OCTOBER TO 02nd NOVEMBER 2019

ईमानदारी-एक जीवन शैली  
Integrity - A way of Life

The Central Vigilance Commission observes the Vigilance Awareness Week from 27th October to 2nd November, 2020. This is observed every year during the week in which the birthday of Sardar Vallabhbhai Patel (31st October) falls. This awareness week campaign affirms our commitment to promotion of integrity and probity in public life through citizen participation. In 2020, the Vigilance Awareness Week is being observed with the theme, "सतर्क भारत, समृद्ध भारत - Satark Bharat, Samridh Bharat (Vigilant India, Prosperous India)". To inculcate this awareness, the students of NKBPS, DWARKA were motivated to draw digital posters on Vigilance awareness and the importance of being honest was also discussed with them. The students participated with full enthusiasm and zeal.

### Vigilance Awareness week

#### Corruptions



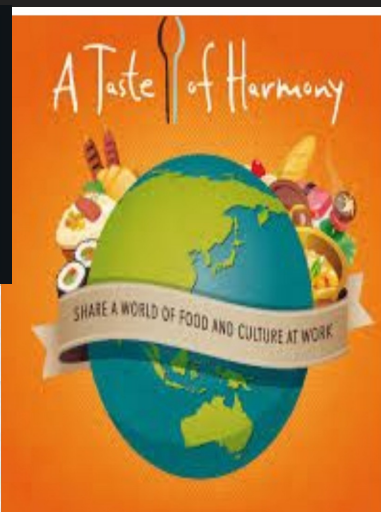
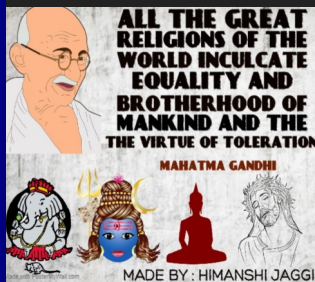
## COMMUNAL HARMONY WEEK ( 19- 25 NOV)

This day is observed to encourage national integration, peace, affection and communal harmony among Indian people of all religions. Every individual must live together in the society with love and peace amongst them.



# WE ARE ONE!

JUST AS DIFFERENT INSTRUMENTS CREATE A SYMPHONY; LET US MAKE THE COUNTRY BEAUTIFUL WITH COMMUNAL HARMONY.



WORLD  
HARMONY  
DAY !!!

PRATISHTHA, VIII C, 62231

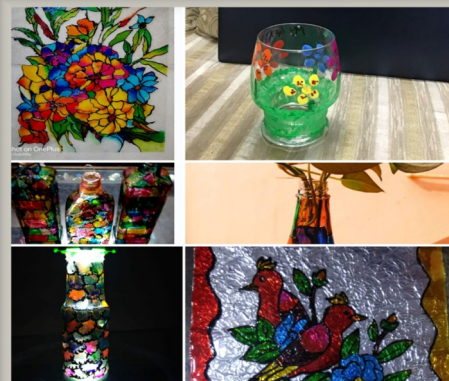
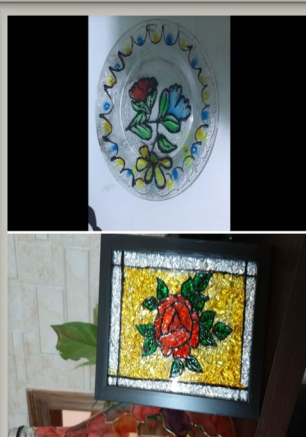
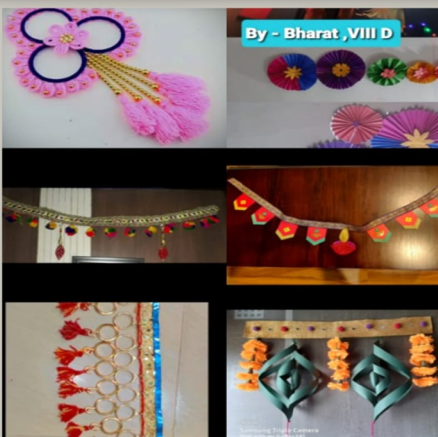
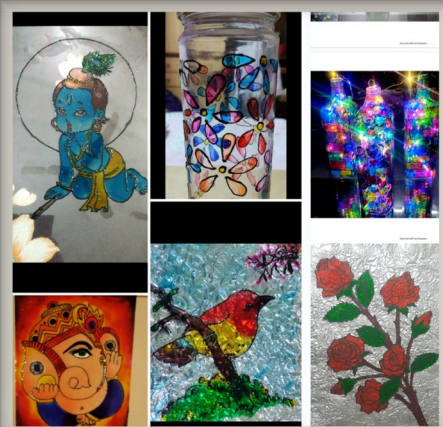
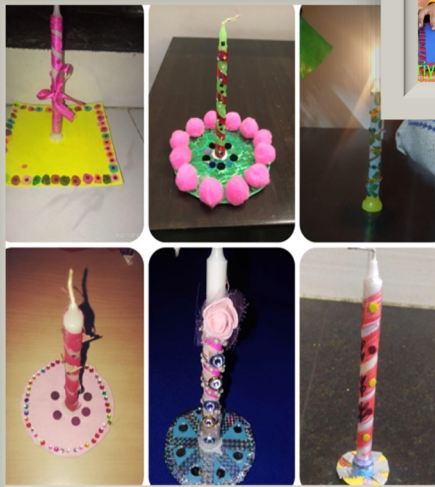
Riya Aggarwal VIII



# “Creativity is intelligence having fun”

CREATIVE  
WEEK

To develop an aesthetic vision and to give opportunity to the students to splash out their imagination through plethora of activities, 'Creative week' was conducted by Art Department of NKBPS, DWARKA from 2<sup>nd</sup> November, 2020 to 7<sup>th</sup> November, 2020. Following activities were designed for the students- Candle decoration, Candle Holder Making, Ganesha Making, Diya decoration etc. The different activities aimed at Reducing waste by recycling. The enthusiasm with which the students participated was clearly evident on their faces.







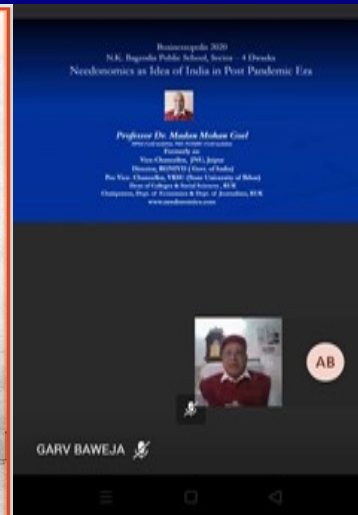
presents

# Businessopolis

## A Virtual interschool competition in Commerce & Economics

23 November, 2020

IMPERIUM VOX  
INFOGRAPHIMANIA  
QUIZZONIA



A unique inter school event named 'Businessopolis, 2020' was organized by N.K.Bagrodia Public School, Sector 4 Dwarka. Businessopolis, 2020 was an innovative platform to challenge and inspire the students to develop business acumen and knowledge about Economics. 18 teams from various schools (consisting of three students each) went through three rounds commencing from 15 November, 2020. The first round involved the presentation of solutions to a case study assigned to all the participants based on Business Environment and Marketing. In the second round, seven shortlisted teams were assigned the task of preparing an infographic on the topic "Inequality and Exclusion". These two rounds were judged by Prof. Dr.Madan.Mohan.Goel, former Vice Chancellor, JNU, Jaipur University, Dean of Colleges & Social Sciences and Chairperson, Dept. of Economics & Journalism, Kurukshetra University. The final round was conducted virtually on 23 November, 2020 and witnessed zealous participation by the shortlisted teams. The event commenced with encouraging words of the Director of the school, Dr. S. K Bhattacharya and welcome address by Principal Dr. (Mrs) Rajee N. Kumar. Thereafter, Prof Goel presented his thoughts on one of the major issue facing the economics today. The principle of 'needonomics'

**BUSINESSOPOLIS**  
ORGANIZING COMMITTEE

**Student Coordinators:**

- **Host:** Vidushi Sinha
- **Co-Host:** Manya Goel
- **Tech-Team:** Muskan Anand  
Garv Bajewa  
Gautam Jaiswal  
Ainesh Srishar
- **Quiz Masters:** Jigesha Punj  
Surabhi Chikkara  
Prachi Ananti
- **Scoreboard Team:** Yash Sehrawat
- **Video Montage Director:** Shivika Jain
- **Liaison with Participants:** Kashish Sharma  
Zoya Absar  
Sophia Bhabha

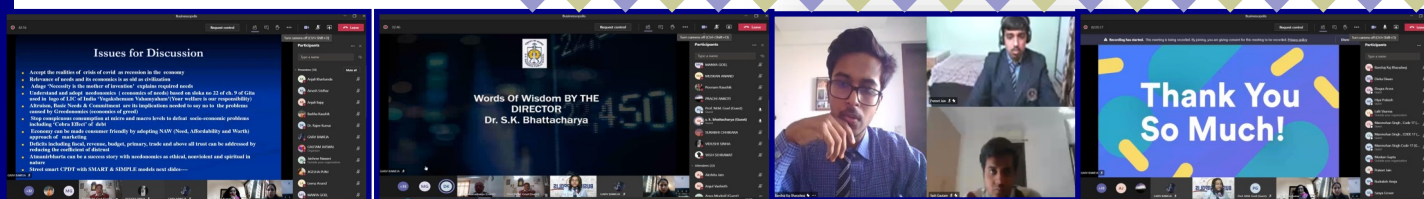
**Teacher Coordinators:**

- Ms. Leena Anand
- Ms. Poonam Kaushik
- Ms. Barkha Kaushik
- Ms. Anjali Bajaj



(economics of needs) can reduce the socio-economic problems of India to a considerable extent, believes Prof. Goel. He said that Atmanirbharta can be a success story by adopting needonomics which is ethical, nonviolent and spiritual in nature. There is need for sharing the responsibility calling for pricing policy of public utilities to be linked with inflation. He explained that Economy can be made consumer friendly by adopting NAW (Need, Affordability and Worth) approach of international marketing with focus on the need-based priorities in choices of all kinds. This was followed by the three rounds of questions for the teams on the following themes - Economics, Business World and Current affairs. It was an exciting series of questions which challenged the students and brought out the best in them. The first place in the competition was bagged by ITL Public School, Dwarka. Second and third position was secured by N K Bagrodia Global School, Dwarka and Mother's Mary School, Mayur Vihar respectively.

The judge, Prof. Goel made the closing remarks and congratulated all the participants. The event ended with the vote of thanks by the Vice principal of the school, **Ms. Anjali Kharbanda**





**REMEMBER NOVEMBER 25**

**STOP VIOLENCE AGAINST WOMEN**

**INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN**

# STOP VIOLENCE AGAINST WOMEN

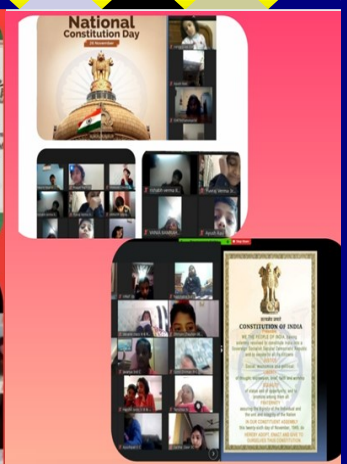
International Day for the Elimination of Violence Against Women

**I**nternational Day for the Elimination of Violence against Women on 25 November is observed every year across the globe to bring attention to this serious concern and bring an end to persistent care of and no violence against women and girls. Every female in society must be respected and taken care of. And no disrespectful behaviour by any individual be tolerated.

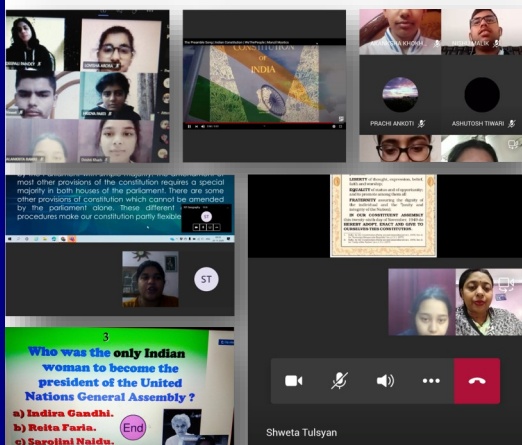


*"Democracy is not merely a form of government. It is primarily a mode of associated living, of conjoint communicated experience. It is essentially an attitude of respect and reverence towards fellow men"*

**N**ational Law Day 2020, also known as Constitution Day of India is celebrated on November 26 every year. It is called Samvidhan Diwas in Hindi and is celebrated to commemorate the adoption of the Constitution in India, in the year 1949. The Constitution of India frames the rights, principles, procedures, restrictions and duties of the government as well as the people of India. It also declares India to be a secular, sovereign and a democratic republic. The aim to celebrate this day is to reiterate the values and principles enshrined in the Constitution. The students of NKBPS, Dwarka celebrated this day by taking part in the discussion about the Indian Constitution in detail. They also read Preamble to reaffirm our commitment to uphold its ideology.



**A** Plethora of activities were conducted to mark the same. Students of senior wing also enthusiastically participated in singing. The Preamble song in the PPT form regarding constitutional day and even guiding values were discussed. A Quiz was also conducted and students read out aloud the preamble. It has been an informative, enlightening and interactive session which made us realize that how constitution was framed.







**A**n annual national holiday marked by religious observances and a traditional meal. The holiday commemorates a harvest festival celebrated by the Pilgrim Fathers in 1621, and is held in the US on the fourth Thursday in November. A familiar holiday is celebrated in Canada, usually on the second Monday in October.

Thanksgiving Day is more than just baking & cooking. It's that time when families get together to share their stories and celebrate all the blessings they've received throughout the entire year. It is also a special day for people to show their appreciation for everyone in their lives. Students and teachers expressed their gratitude towards Almighty, kith and kin, frontline warriors by doing thanksgiving activity which was conducted for classes Preprimary to XII. They thanked God for all He has given us Health, Wealth, Peace of Mind and to Keep us alive during the pandemic. They also expressed their gratitude towards parents, family, friends, frontline workers and even nature by expressing their thankfulness in their own unique way like presenting cards, flowers, small gifts, self made paintings, etc.



## COMMUNITY OUTREACH PROGRAMME

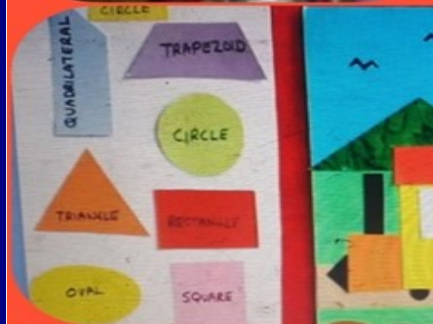
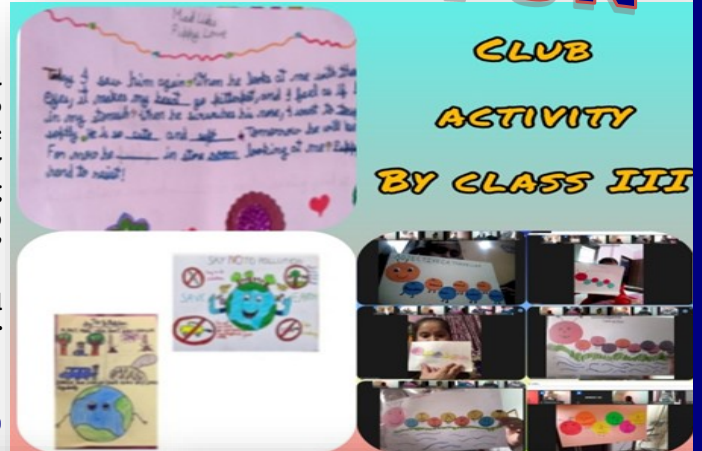
**C**ommunity outreach involves the offering of education, social planning, and support of activities to community residents freely and openly. ... Being a small city, it is easier for outreach to occur, especially through social media and advertising campaigns. The students come together to help people in need of essentials and supplies. The students believe that a single act of kindness brings positivity around and so they ensure that the surroundings should be healthy and worthy of living around them.





# A DAY TO LEARN WITH FUN

A club is an association of people united by a common interest. All the students are obliged to gain practical experience in the course of their academic education..The concept of club is seen as an opportunity for adaptation to life in the group, forming lifelong habits and cultivating a voluntaristic spirit. Club activities supplement academics and give the students' practical training which they require in day to day life. In our school, various club activities are organized giving an opportunity to the students to develop their talent and hone their skills.



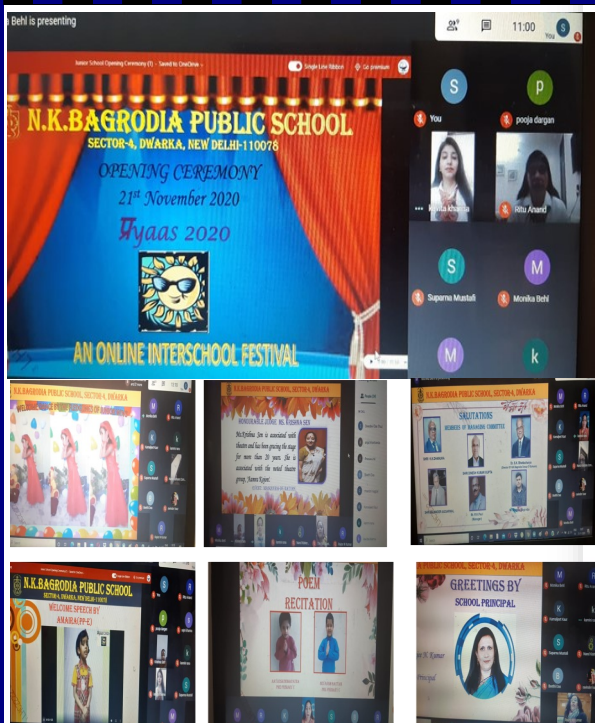


# PRAYAAS –2020

*"It is true that every child is unique. Children have great potential and they just need a push to ignite that innate spark"*

Keeping this in mind N.K.BAGRODIA PUBLIC SCHOOL, Junior wing organized PRAYAAS-2020, A Virtual Online Inter School Festival to provide a wonderful platform to children to showcase their hidden talent. The e-platform was a witness to the myriad of activities that were conducted for Preschool and Pre-Primary classes. The opening ceremony was organized on 21st November 2020 on Google Meet and simultaneously telecasted live on You Tube. It was graced by the members of management, principals. Heads of various schools from across the country participated.

An overwhelming number of students from 25 schools from pan India participated in the online interschool festival. A range of competitions were held to mark the occasion. The competitions were a fusion of talent, imagination, and creativity. The judges who were experts in their respective fields evaluated the performance of the participants to declare the winners. The videos of winners were shared on screen which left everyone enthralled and impressed with the efforts of the tiny tots.



## RESULTS

THE RESULTS OF PRE- SCHOOL EVENTS ARE AS FOLLOWS:

EVENT 1: "MASKERA-DE-NATURE", RANCY DRESS SHOW  
Theme: NATURE'S BOUNTY

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	N.K.BAGRODIA GLOBAL SCHOOL, SECTOR 7, DWARKA	GROUP-10	VISHA SINHA
SECOND	S.D. KODERA PUBLIC SCHOOL, DWARKA	GROUP-1	GRACE THOMAS
THIRD	M.L. KARNATAK PUBLIC SCHOOL, DWARKA	GROUP-8	SHREYA KARNATAK

EVENT 2: "RANG-O-SHAPES: RANGOLI DECORATION"

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	SHRI VENKATESHWAR INTERNATIONAL SCHOOL	GROUP-3	YUSUFA TALVAR
SECOND	HANRAJ NIKEL SCHOOL	GROUP-17	SAVINI KOEL
THIRD	N.K.B. INTERNATIONAL PUBLIC SCHOOL	GROUP-11	VAANYA

EVENT 3: "CELEBRATION OF LIFE", CLAY MODELLING  
THEME: FESTIVALS

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	VENKATESHWAR INTERNATIONAL SCHOOL	GROUP-21	AARAV ARORA
SECOND	HANRAJ NIKEL SCHOOL	GROUP-17	RYAN PATEL
THIRD	SHRI VENKATESHWAR INTERNATIONAL SCHOOL	GROUP-3	KARIN SHARMA

THE RESULTS OF PRE- PRIMARY EVENTS ARE AS FOLLOWS:

EVENT 4: "SPEAKING OBJECTS"  
THEME: AUTOBIOGRAPHY OF ANY OBJECT WE USE IN OUR DAILY ROUTINE

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	AYE MARIA THERESY SCHOOL	GROUP-4	AARAV ARORA
SECOND	N.K.B. INTERNATIONAL PUBLIC SCHOOL	GROUP-11	MEERA JHA
THIRD	VENKATESHWAR INTERNATIONAL SCHOOL	GROUP-21	SHREYA KARNATAK

EVENT 5: "VEGGIE...FRUITEE...ZOO"

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	MOUNT CARMEL SCHOOL	GROUP-20	VIVAN YADAV
SECOND	HANRAJ NIKEL SCHOOL	GROUP-17	ABHIRAM SARKI
THIRD	N.K.B. INTERNATIONAL PUBLIC SCHOOL	GROUP-11	KARIN SHARMA

EVENT 6: "आजा नचले...": A DANCE PRESENTATION

POSITION	SCHOOL NAME	SCHOOL GROUP NUMBER	NAME OF THE PARTICIPANT
FIRST	S.R. VIDYA BHAVAR SCHOOL SECONDARY SCHOOL, CHITTAVAN, THIRUVARUR, KERALA	GROUP-16	SHREYA KARNATAK
SECOND	VENKATESHWAR INTERNATIONAL SCHOOL	GROUP-21	SHREYA KARNATAK
THIRD	MOUNT CARMEL SCHOOL	GROUP-20	PRASHANTH

The rolling trophy was awarded to VENKATESHWAR INTERNATIONAL SCHOOL, SECTOR-10, DWARKA and the winners and participants were awarded with an e-certificate mailed to their respective schools.



# GURUPURAB

Guru Nanak Dev Ji Gurpurab, also known as Guru Nanak's Prakash Utsav and Guru Nanak Dev Ji Jayanti, celebrates the birth of the first Sikh guru, Guru Nanak Dev Ji . This is one of the most sacred festivals in Sikhism.



## The practice of sewa with chanting pious prayers at "Prabhat Pheri"(spritual morning walk)

**T**he term Sewa stands for 'selfless sevice'. It involves being selfless and helping others in a variety of ways, without any expectation of rewards or personal gain showing epathy. It is a part of daily routine for many sikhs, it also consist of the terms: "naam-minful awareness of divine presence", "daan-live out the culture of altruism when seeking divine benevolence" and "ishnaan-implement ethics of food deeds that cleanse body and mind". The students went to Gurudwara, performed the ceremony, enjoyed the festivities, had delicious langar and shared their joys with their classmates in a talk session with their class teachers. They savored the blessings from the almighty as well.

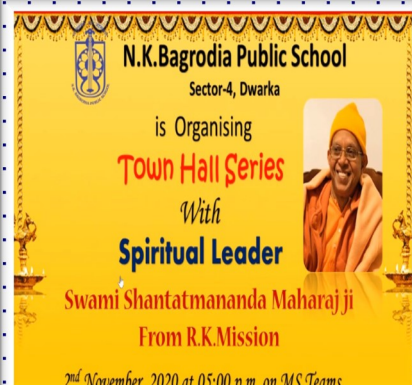


' Kirat Karo, Naam Jappo, Vandd Chhako'

Blessed are we to follow His path, to live His teachings. Arshgeet Kaur 4E and Kulpreet Kaur - 7A celebrate the Gurpurab by serving Guru ka langar at the onset of the day. According to them, as GuruNanak Dev ji preached- to earn righteously, to sing God's glory and to serve all humanity; they have vowed to follow and practice His teachings throughout their lives. Happy Gurpurab to All! May the entire Humanity be blessed with peace, good health, love and light 🙏🙏 Dhan dhan WaheGuru ji



# BAGRODIAN TOWN HALL SERIES



**N**.K.Bagrodia Public School Dwarka organised virtual Spiritual Session--II as a part of Town Hall series. The speaker for the session was Shantatmanand Ji Maharaj from R.K.Mission, New Delhi. The theme of the session was Moral values and its significance in one's life. Shantatmanand Ji Maharaj emphasized on the principles of Sewa, Tyag & Self-discipline. He instructed to be full of devotion towards one's work. He was highlighting the features of Atmashradha, being heroic in one's life. He focused on to aspire to grow individually, have a higher purpose in life & aim at expanded identity. A transformation or change in small ways like helping the family member, doing something for the needy can be an added value. This giving time will bring happiness to the receiver and contentment for one individual. The session was carried forward with an Open Forum in which Shantatmanand Ji Maharaj answered too few of the queries. He replied on the given queries. The Session was attended by total 224 virtual viewers.

The session was concluded with a Vote of Thanks given by the Vice Principal of the School. She highlighted the need for personal and collective growth adhering to the idea of expanded identity. The session was a step towards making a balanced life in tough situation & to keep one's faith alive.

**T**he Speaker of the session was Sister Bhawna from Brahmakumaris. The theme for the session was – "Moral Values in Life". Sister Bhawna began with a Question, "Why does the young generation lack a healthy social life even if they are successful academically and professionally?" She emphasized on the role of moral values in one's life. The child is to be guarded within all sorts of moral values since beginning so that he can face all types of troubles in one's life. She gave the example of Swami Vivekanand & his ideals. She narrated an anecdote to prove the fact that we all should learn from the good qualities in others rather than finding fault with others. Sister Bhawna emphasized on the importance of moral values in every one's life. The session ended with a question answer session with the listeners in an Open Forum. The few prominent questions asked were –How to achieve tolerance? Sister Bhawna projected to adapt positive traits in life & to look for good sides of every aspect to have the development of control of mind. Another query was –How to control anger? She answered one should not have anger as it results into only destruction so we should have the realization and knowledge of anger.



**T**he next session in the town hall series was organised on November 23, 2020. The Speaker of the session was Ms. Ripple Sarin—Sr International Faculty and State Coordinator—Art of Living, Children Program. The theme for the session was – "You and Your Mind".

The Session began by invoking the blessings of the Almighty. Ms. Sarin began the session by putting a few pertinent questions to the young audience—What do you want to become in life? What obstacles do you face? How will you overcome these challenges? She emphasized on the story of two woodcutters. This story focused on the value of focused mental state and how to sharpen and manage one's mind. What to do when one is stressed and is feeling low? She highlighted the value of yoga & meditation in balancing mind and bringing in positive change in one's life. She demonstrated many yoga postures to calm the mind such as Bhastrika. Live demonstration of meditation was imparted by her to the gathering. She stressed that these techniques are taught in the Medha Yoga Program organized by the Art of Living meant for Mind Management. She also had a fun set of Clapping exercise with the students which was received by the students with enthusiasm. The speaker also highlighted that procrastination has a negative impact on our lives and we should make utmost endeavor to avoid this pitfall.

Queries of the students were answered at the end of the session in an Open Forum. The session was concluded with a Vote of Thanks by the Vice Principal of the School. She encouraged the young minds to enjoy each moment of their lives instead of looking for an occasion to be happy. The session had major learning outcomes— need for Mind management, State of being calm & happy and how to achieve positive attitude.





# Enhancing Skills of Educators

S.NO	Date	Name of the workshop	Resource Person	Attended By
1	02 <sup>nd</sup> November 2020	Wisdom Weekly Monday- Spiritual session	Swami Shantatmanada Maharaj ji	Ms. Richa Goel, Ms. Tanmaya, Ms. Tapati, Ms. Ela Chhetri, Ms. Ritu Anand
2	03 <sup>rd</sup> November 2020	Education Transformation	The Edulighthouse	Ms. Anjali Kharbanda
3	04 <sup>th</sup> November 2020	What really matters in enabling active learning and promoting learner's autonomy in online teaching	Cambridge University Press	Ms. Anjali Kharbanda
4	05 <sup>th</sup> November 2020- 07 <sup>th</sup> November 2020	Art Educators Conference 2020	Dr Pawan Sudhir, Ms. Jigyasa Labroo	Ms. Sheetal Kohli
5	07 <sup>th</sup> November 2020	Decoding the NEP 2020- 44 <sup>th</sup> Session	Mr. Rajul Pratap Ms. Tapati Chatterjee Dr. Rajee N. Kumar Ms. Bhawna Malik Ms. Nidhi Chawla Mr. Levi Maheo	Ms. Anjali Kharbanda, Ms. Richa Goel, Ms. Seema Phogat, Ms. Tapati, Ms. Akki Verma, Ms. Rachna Bhatia, Ms. Parul Jain, Ms. Baisakhi, Ms. Pooja Sharma, Ms. Shweta Tulsyan, Ms. Ela Chhetri
6	08 <sup>th</sup> November 2020	Virtual Blended Learning- Making it Real!	Mr. Pete Sharma	Ms. Vinita Mittal
7	11 <sup>th</sup> November 2020	Understanding the world of anti-counterfeiting- Be safe and buy real	Mr. Sudhir Zutshi, Prof. Bijon Kumar Mishra, Ms. Laxmi Nair, Ms. Naina Urs	Ms. Ela Chhetri
8	17 <sup>th</sup> November 2020	Career Opportunities in 2030	Dr Anand Deshpande, Dr Smita Jain, Prof. Sanjay Dhande, Mr. Arun Aggarwal	Ms. Mahua Dutta
9	20 <sup>th</sup> November 2020	One Health Action to preserve antibiotics	Ms. Sunita Narain, Ms. Keith Sumption, Ms. Haileyesus Gathun, Mr. Will Gaze	Ms. Meenakshi Yadav, Ms. Baisakhi, Ms. Shweta Tulsyan, Ms. Mahua Dutta, Ms. Seema Aggarwal
10	22 <sup>th</sup> November 2020	online teaching tools and resources	Super Teacher	Ms. Anjali Kharbanda
11	22 <sup>th</sup> November 2020	National Education Policy 2020	Indian Embassy, MUSCAT Dr. Muralee Thummarkudu ,United Nations Environment Programme. Dr. Vidya Yer-aavdeka,avdekar,chancellor,symbiosis.Dr. Vidya Yer-avdekar,chancellor,symbiosis. Dr.Kiran,Dean,Middle East College,Sultanate of Oman. Dr. Mathew Phillip, Acting Dean,Muscat College Dr. Sudha Acharya, Principal, ITL ,Dwarka	Ms. Anjali Kharbanda
12	25 <sup>th</sup> November 2020	CBSE Awareness cum orientation program for teachers teaching information technology at secondary level	CBSE	Ms. Shuchita Malhotra
13	25 <sup>th</sup> November 2020	Blending learning of the solutions for the new normal	Dr Madhuri Parti, Ms. Amrita Burman, Ms. Divya Aggarwal	Ms. Akki Verma, Ms. Gurminder Kaur, Ms. Rachna Bhatia, Ms. Monika Raisinghani, Ms. Parul, Ms. Nupur Arora, Ms. Pooja Sharma
14	26 <sup>th</sup> November 2020	How can online teaching help students to develop social skills	Dr Sameer Parikh, Ms. Neeta Arora, Ms. Sandeepa Rai, Ms. Dimple Vij	Ms. Harpal Kaur



# Enhancing Skills of Educators

S.NO	Date	Name of the workshop	Resource Person	Attended By
15	26 <sup>th</sup> November 2020	Classroom for the new normal using Oxford Educate and Areal	Ms. Vinita Sareen	Ms. Anjali Kharbanda, Ms. Richa Goel, Ms. Namita, Ms Vinita, Ms Shalini Mahani, Ms. Harpal, Ms. Gurminder, Ms. Sheetal, Ms. Meenakshi Yadav, Ms. Komal, Ms. Seema Phogat, Ms. Navgeet Kaur, Ms. Tapati, Ms. Akki Verma, Ms. Rachna Bhatia, Ms. Seema Yadav, Ms. Monika Raisinghani, Ms. Parul, Ms. Aradhana Singhania, Ms. Meenakshi Sarna, Ms. Baisakhi, Ms. Aarti, Ms. Vandana, Ms. Yogita, Ms. Nupur, Ms. Shweta Tulsyan, Ms. Aishwarya Malhotra, Ms. Ela Chhetri, Ms. Kavita Khanna, Ms. Ravinder Kaur, Ms. Sreedevi Das, Ms. Ritu Anand
16	26 <sup>th</sup> November 2020	Stress and Anger Management	Sister BK Shivani	Ms. Anjali Kharbanda, Ms. Richa Goel, Ms. Kiran, Ms. Tanmaya, Ms. Namita, Ms. Meenakshi Sarna, Ms. Seema Aggarwal, Ms. Sreedevi Das, Ms. Beethi Das, Ms. Ravinder Kaur, Ms. Anusua, Ms. Kavita Khanna, Ms. Ela Chhetri, Ms. Suparna Mustafi, Ms. Kamini Rana, Ms. Ritu Anand
17	27 <sup>th</sup> November 2020	Organ Donation, Biodiversity Talk	Nehru Planetarium, S Kaul	Ms. Monika Raisinghani, Ms. Aradhana Singhania, Ms. Mahua Dutta
18	28 <sup>th</sup> November 2020	Digital Mental health of adolescents during COVID times	Mr. Arun Soni, Director TCCS, Ms. Hena Akhtar, Clinical Psychologist and School Counselor, Ms. Nirali Bhatia, Cyber psychologist and psycho-therapist, director V4WEP Tedex Expert	Ms. Pooja Sharma, Ms. Shweta Tulsyan
19	29 <sup>th</sup> November 2020	Importance of recapitulation and role of assessments	Ms. Sonia Relia (Square Panda India)	Ms. Sreedevi Das



## N.K.BAGRODIA PUBLIC SCHOOL

Sector-4, Dwarka, New Delhi-110078

Phone: 011-45629450, 45629451

✉ nkbagrodia\_dwarka@yahoo.com

Chief Editors: Dr. (Mrs.) Rajee N. Kumar (Principal), Ms. Anjali Kharbanda (Vice Principal),  
 Edited by : Ms. Nupur Arora , Inputs from wing Incharges and Designed by : Ms. Pooja Dargan